ORAL STEROIDS

Other names: Prednisolone
Prelone
Orapred

Types of medicine: Strong anti-inflammatory

Why you need it: It reduces swelling and mucus in the airways

How it is given: Liquid
Pills

Side effects: Nausea/Vomiting
Puffiness
Increased Appetite
Weight gain

Tips for Taking

1. Even if you feel better take all of the medication

2. The liquid may taste better if followed by chocolate syrup, applesauce or juice.

3. Medication may cause stomach upset.

Please discuss any questions about this medicine with your doctor or nurse.

Community Asthma Prevention Program of Philadelphia
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