### SINGULAIR®

**Other Name:** Montelukast

**Type of Medicine:** Anti-inflammatory  
Control medicine for everyday use

**Why you need it:** To decrease swelling and mucus in the airways

**How it is given:** Pills

**Side effects:** Headache, Dizziness, Nausea  
Stomach pain, Diarrhea, Fatigue/weakness  
Sore throat/cough

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**Tips for Taking**

1. **NOT** for use in an acute asthma attack.
2. Unless told otherwise, give Singulair in the evening.
3. May be given with food or milk to prevent stomach upset.
4. Store in a cool dry place.
5. If any of the above side effects become severe call the doctor immediately.

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| Please discuss any questions about this medication with your doctor or nurse |

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