Please ... keep me rear-facing!
Infants and toddlers should ride in a rear-facing child safety seat until they are 2 years old or until they reach the highest weight or height allowed by the safety seat. Rear-facing children are much safer than those who ride facing forward.

**Here’s why:**
- Infants’ spines are still developing, and their heads are large for their bodies. Rear-facing seats help protect their fragile bodies.
- The most common type of crash is when a car is hit in the front. In a frontal crash, a rear-facing child safety seat cradles and protects your child’s spine, neck and head.

**What about my child’s legs?**
- When a child is rear-facing, it may not look comfortable if her legs are touching the vehicle seat back, but kids are very flexible and find a way to be comfortable, often with their legs crossed.
- An older child’s legs won’t be hurt by sitting in a rear-facing safety seat. In a crash, broken legs are much more common in children who are forward-facing.

**Is my child too tall for her seat?**
Make sure there is at least one inch between the top of your child’s head and the top of the car safety seat back.

*Source: American Academy of Pediatrics*