Caring for Your Child

HOME CARE OF URINARY DRAINAGE TUBES

TYPES OF TUBES

<table>
<thead>
<tr>
<th>NAME OF TUBE</th>
<th>PLACEMENT</th>
<th>PURPOSE</th>
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<tbody>
<tr>
<td>1. Nephrostomy Tube</td>
<td>A tube</td>
<td>To drain urine out of the kidney into a collecting bag/device. The tube is stitched into place and taped to the skin.</td>
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<tr>
<td></td>
<td>• Into the kidney.</td>
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<tr>
<td>2. Ureteral Stents/Tubes</td>
<td>A tube</td>
<td>To drain urine, splint ureters, to help healing, or to prevent blockage from swelling after surgery.</td>
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<td></td>
<td>• Into one or both of the ureters.</td>
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<td>3. Supra-pubic Tube</td>
<td>A tube</td>
<td>Keep bladder empty and to reduce pulling on wound.</td>
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<td></td>
<td>• Placed through the abdomen into the bladder.</td>
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<tr>
<td>4. Ureteral Tube/Catheter</td>
<td>A tube</td>
<td>Keep bladder empty, to reduce pulling on wound.</td>
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<td></td>
<td>• Placed through urethra into the bladder.</td>
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MANAGEMENT

A. Drainage Bag Method
   1. Daytime – connect tube to a small drainage bag attached to the leg. A piece of stockinette or sock can be placed on leg first for comfort with the rubber straps.
   2. Nighttime – connect tube to a bedside drainage bag. Check the tubing carefully to make sure there are no kinks.
   3. The drainage bag (either leg or bedside type) should always be lower than where the tube inserts into the body.
   4. Practice hooking up the drainage bags before you leave the hospital.

B. Double Diaper Method
   1. Place a diaper on the child as usual.
   2. Place the end of the tube into a second diaper, which is put on over the first diaper. This prevents any bowel movements from touching the end of the tube.
   3. Change one or both diapers as needed.
   4. Check the tubing often so that it does not get kinked.

C. Taping the Tube
   1. Replace tape when it is no longer securely in place.
   2. Allow enough slack on tube so it is not pulled tightly where it enters the skin.

IRRIGATION

It may be necessary to flush tube with a special fluid to allow it to drain properly. The Physician or Nurse will give you instructions for irrigation depending on the type of tube your child has.

BATHING

- Child may take a shower.
- If child takes a bath, do not put the tube under water.

MEDICATIONS

CALL THE UROLOGISTS IF YOUR CHILD HAS:

- Fever
- Abdominal (tummy) or side pain
- Change in how urine looks or smells
- No urine, or much less urine coming from the tube
- Tube falls out – call doctor immediately

PHONE NUMBERS:

Daytime: (215) 590-2754
Night and weekends: (215) 590-1000 and ask for Urology doctor on call.