<table>
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<th>Age</th>
<th>Steps</th>
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| 14 years old | • Discuss transition of care with your primary care physician.  
• Identify transition social workers, case managers, adult medical providers, therapists and supply companies.  
• Contact the [New Jersey Division of Disability Services](#) for referral to qualifying programs.  
• Start to review and maintain your Transition Toolkit.  
• Apply for nondriver photo ID  
• Open a joint bank account in young adult’s name.  
• Create a transition portion of the individualized education plan (IEP) that will help address post-secondary goals. Invite [New Jersey Division of Vocational Rehabilitation](#) to attend annual IEP meeting and contribute to the transition plan. |
| 16 years old | • The IEP transition plan goes into effect at age 16.  
• In the IEP, there should be a statement that delineates needed transition services, specific post-school outcomes, and the instruction/training necessary to assure that goals are achieved before high school graduation.  
• If graduating is planned for age 18, contact New Jersey Division of Vocational Rehabilitation and request determination of eligibility. The vocational rehabilitation process should begin at least two years prior to high school graduation. |
| 17.5 years old | • Evaluate the individual's decision-making capacity and begin to explore supportive options (e.g., power of attorney, types of guardianship). Guardianship cannot be established until after the 18th birthday. |
| 18 years old | • Register to vote and, if male, for selective service. Make sure you have a valid photo ID.  
• Begin the intake process for services through the [New Jersey Division of Developmental Disabilities](#). Complete the [NJ CAT assessment](#) tool to determine the level of support needed. Services will not available until age 21.  
• Add your name to the community care waiver waiting list if you meet the requirements.  
• Apply for Supplemental Security Income (SSI), which will automatically provide Medicaid benefits. Investigate eligibility for Social Security Disability Insurance. Designate a representative payee to manage the beneficiary's benefits. The application is completed through your local Social Security office and is separate from the legal authority designation.  
• Implement the appropriate decision-making option (including power of attorney, limited or full guardianship). |
| 19 years old | • If graduating at age 21, contact New Jersey Division of Vocational Rehabilitation and request determination of eligibility. |
| 20.5 years old | • If graduating at age 21, begin to review materials on how to select a support coordination agency and submit the support coordination selection to the [New Jersey Division of Developmental Disabilities](#). |